



## WEDNESDAY, JULY 16, 2025

### **1:00 - 9:00 PM - PARTICIPANT BADGE PICK UP**

Anaheim Convention Center Arena Lobby

**5:30 - 6:30 PM - Poomsae Seminar** by Grandmaster Jung H. Jin USA Taekwondo National Poomsae Coach  
Color Belts (all ages) - must purchase ticket - Westin Hotel

**6:30 - 7:30 PM - Poomsae Seminar** by Grandmaster Jung H. Jin USA Taekwondo National Poomsae Coach  
Black Belts (all ages) - must purchase ticket - Westin Hotel

## THURSDAY, JULY 17, 2025

**7:15 AM - DOORS OPEN**

**8:00 AM - COMPETITION STARTS**

<b>IPBK</b>	Side/Back Kick Breaking (Individual Power Back Kick)
<b>IPKH</b>	Knife Hand Breaking (Individual Power Knife Hand)
<b>IPSSK</b>	Side/Back Kick Breaking (Individual Power Skipping Side Kick)
<b>ISHK</b>	Individual Spin Hook Kick
<b>ITF</b>	Individual Traditional Forms
<b>ITFE</b>	Authorized Poomsae (Individual Traditional Forms Elite)
<b>SDI</b>	Self Defense Individual
<b>SDG</b>	Self Defense Group
<b>SB</b>	Speed Breaking



## FRIDAY, JULY 18, 2025

**7:15 AM - DOORS OPEN**

**8:00 AM - COMPETITION STARTS**

<b>ICBP</b>	Individual Creative Breaking Para
<b>ICFWW</b>	Individual Creative Forms with Weapons
<b>ICFWO</b>	Individual Creative Forms without Weapons
<b>ICFWOE</b>	Creative poomsae Individual (Individual Creative Forms without Weapons Elite)
<b>ITFP</b>	Individual Traditional Forms Para
<b>TA</b>	Taekwondo Aerobics
<b>TCFWW</b>	Team Creative Forms with Weapon
<b>TCFWO</b>	Team Creative Forms without Weapons
<b>TDA</b>	Team Competition (Team Demonstration Arirang)
<b>TDE</b>	Team Demonstration Elite
<b>TDR</b>	Team Demonstration Recreational
<b>TTF</b>	Team Traditional Forms

**5:00 - 6:00 PM - Competition ends.** Setup for Opening Ceremonies & Parade of Athletes

**6:00 - 7:30 PM - Opening Ceremonies** including performance by Kukkiwon Demonstration Team

**8:30 PM - Formal Dinner** (Open to the public - must purchase ticket)  
Westin Hotel



**SATURDAY, JULY 19, 2025**

**7:15 AM - DOORS OPEN**

**8:00 AM - COMPETITION STARTS**

<b>ICB</b>	Individual Creative Breaking
<b>ICBE</b>	All-round breaking (Individual Creative Breaking Elite)
<b>IJH</b>	High Jump Kick Breaking (Individual Jumping High Kick)
<b>PTF</b>	Pairs Traditional Forms
<b>PTFE</b>	Pairs Traditional Forms Elite

**5:00 PM - Competition ends**

**8:00 PM - Closing Gala** (Open to the public - must purchase ticket)  
Westin Hotel

**10:00 PM - Closing Party** (Open to the public, All ages, Free)  
Westin Hotel