



WEDNESDAY, JULY 16, 2025

1:00 - 9:00 PM - PARTICIPANT BADGE PICK UP

Anaheim Convention Center Arena Lobby

5:30 - 6:30 PM - Poomsae Seminar by Grandmaster

Jung H. Jin USA Taekwondo National Poomsae Coach

Color Belts (all ages) - must purchase ticket - Westin Hotel

6:30 - 7:30 PM - Poomsae Seminar by Grandmaster

Jung H. Jin USA Taekwondo National Poomsae Coach

Black Belts (all ages) - must purchase ticket - Westin Hotel

THURSDAY, JULY 17, 2025

7:15 AM - DOORS OPEN

8:00 AM - COMPETITION STARTS

IPBK	Side/Back Kick Breaking (Individual Power Back Kick)
IPKH	Knife Hand Breaking (Individual Power Knife Hand)
IPSSK	Side/Back Kick Breaking (Individual Power Skipping Side Kick)
ISHK	Individual Spin Hook Kick
ITF	Individual Traditional Forms
ITFE	Authorized Poomsae (Individual Traditional Forms Elite)
SDI	Self Defense Individual
SDG	Self Defense Group
SB	Speed Breaking



FRIDAY, JULY 18, 2025

7:15 AM - DOORS OPEN

8:00 AM - COMPETITION STARTS

ICBP	Individual Creative Breaking Para
ICFWW	Individual Creative Forms with Weapons
ICFWO	Individual Creative Forms without Weapons
ICFWOE	Creative poomsae Individual (Individual Creative Forms without Weapons Elite)
ITFP	Individual Traditional Forms Para
TA	Taekwondo Aerobics
TCFWW	Team Creative Forms with Weapon
TCFWO	Team Creative Forms without Weapons
TDA	Team Competition (Team Demonstration Arirang)
TDE	Team Demonstration Elite
TDR	Team Demonstration Recreational
TTF	Team Traditional Forms

5:00 - 6:00 PM - Competition ends. Setup for Opening Ceremonies & Parade of Athletes

6:00 - 7:30 PM - Opening Ceremonies including performance by Kukkiwon Demonstration Team

8:30 PM - Formal Dinner (Open to the public - must purchase ticket)
Westin Hotel



SATURDAY, JULY 19, 2025

7:15 AM - DOORS OPEN

8:00 AM - COMPETITION STARTS

ICB	Individual Creative Breaking
ICBE	All-round breaking (Individual Creative Breaking Elite)
IJH	High Jump Kick Breaking (Individual Jumping High Kick)
PTF	Pairs Traditional Forms
PTFE	Pairs Traditional Forms Elite

5:00 PM - Competition ends

8:00 PM - Closing Gala (Open to the public - must purchase ticket)
Westin Hotel

10:00 PM - Closing Party (Open to the public, All ages, Free)
Westin Hotel